

Here under are Program/Project Highlights for 2023/24

LISHE KIJINSIA DODOMA

Lishe Kijinsia Dodoma (Gender and Nutrition) is a community-based, gender-driven, and learning-based nutrition program implemented by Chemba District Council, Dodoma region, with COUNSENUTH's technical support and financial support of the Embassy of Ireland (through Irish Aid), geared towards reducing childhood stunting among children 0-59 months by at least 5% in 4 years (2018-2022) from 37.7%. The program addresses nutrition through a multi-sectoral approach including Social Behavior Change Communication (SBCC), and mainstreaming gender interventions in nutrition through the TRLA approach, with active involvement of local communities (men, women, teachers, students, health workers, community leaders, extension workers, and community health workers) within existing national infrastructure. In June 2021, the Center entered the fourth year of implementation. Key Interventions of the program are; Promotion of optimal behaviors for improving MIYCAN; WASH; improved Dietary Diversity for U5s and pregnant women; TRLA, enhancing life skills in primary schools for improved sexual and reproductive health and healthy lifestyles.

KIJANA JIONGEZE (YOUTH TAKE ACTION)-TUNDURU:

Kijana Jiongeze II is a participatory education performance improvement project implemented by the Centre in partnership with the Tunduru DC, through the Secondary Education Department, with financial support from the Mastercard Foundation (MCF) following the successful one-year (2019 to 2020) pilot phase of the project 8 Secondary schools in Tunduru District Council, Ruvuma region, which was later expanded to 23 public Secondary Schools using a Participatory Performance Improvement Approach (PPIA).

KILIMO KWA LISHE BORA PROJECT, UNDER ASILI B (VI-AGRO):

Kilimo kwa Lishe Bora is a project under the Agroforestry for Sustainable Livelihoods and Biodiversity (ASILI-B), a five-year program (2023-2027) led by Vi Agroforestry, working with farmers' organizations to fight poverty and climate change through the promotion of biodiversity, re-forestation and sustainable agriculture. The Centre's mandate within this project is to provide gender-responsive nutrition-related technical support to the ASILI B Core and Technical Partners so that they can integrate nutrition interventions into their programming and hence scale the knowledge to the farmers' organizations that are under their support.

ASILI B's broad objective is to improve smallholder farmers' family's food and nutrition security, sustainable livelihoods, gender equality, and resilience while enhancing biodiversity conservation and climate change mitigation in Tanzania.

SUSTAINABLE, TARGETED, RESPONSIVE APPROACH TO OPTIMIZE NUTRITION AND GROWTH FOR ADOLESCENT GIRLS AND YOUNG WOMEN (STRONG PROJECT):

STRONG is a project implemented by COUNSENUTH with its long-term partner, the CRS, in two regions namely, Mbeya and Kigoma regions. The five-year program, whose funding is currently

for one year (July 1, 2023–June 30, 2024), is focused on ensuring that adolescent girls and young women live healthy, productive lives and break the cycle of intergenerational malnutrition by targeting adolescent girls, young women, and Children–U2. This collaborative project involves key sector stakeholders such as Ministries (CDGWSG), MoH, Education, Agriculture, and PORALG), Local Government at the Region and Council levels, and health facilities and social service providers. COUNSENUTH is the Technical Partner for the Nutrition component.

CORPORATE SOCIAL RESPONSIBILITY PROJECTS:

In 2023, the Centre continued to implement its CSR projects namely the **Nutrition Care and Support Services** at the Ocean Road Cancer Institute (ORCI), where dietary counselling was provided to cancer patients and their relatives on how to manage challenges related to cancer treatment. **Wasichana Leadership** is a project that provides Secondary School education to girls, coming from vulnerable families that cannot afford costs related to secondary education. This project is made possible through financial support from the Centre’s staff and friends.

The third project is an **Interns/Volunteers project**, which is focused on providing fresh graduates with opportunities to gain knowledge and skills through field practice via placements in COUNSENUTH programs to enable these interns or volunteers to become employable.